

BEREA CITY SCHOOL DISTRICT – ADMINISTRATIVE GUIDELINES

Guidelines for Food/Beverage on School District Property
Effective December 5 2014

Parents:

Parents may provide their child(ren) with any foods, other than fast food, they wish for the child's personal consumption on school district property. Any food/beverage that a student/child brings from home for personal consumption at school at any time of the day is NOT required to follow the Food Guidelines.

Sharing of Food:

Due to food allergies and food borne illness concerns, students should not share food from their lunch or snacks with other students. Please help us keep all our students safe.

Birthday Treats:

Food birthday treats are not allowed. Non-food suggestions for birthday activities include: reading a book to your child's class, sending in non-food favors, purchasing a book for the school library or classroom, etc.

PTA/Booster/Clubs:

PTA, Booster, and Club organizations may have activities during the school day, outside of breakfast and lunch periods, with the principal's permission. Consideration should be given to providing food items that reinforce dietary guidelines. An appropriate snack is not more than 200 calories. Emphasis should be on providing activities rather than food treats.

Activities during the school day may not use homemade food and must follow the Food Guidelines required under the food service license for the cafeteria. Food safety tips are available on the Nutrition Service page on the district website- www.berea.k12.oh.us.

An ingredient label must be available for all foods provided.

All food is to be served with gloves or a serving utensil.

PTA/Booster/Club organizations may arrange to use the kitchen during the kitchen operating hours with advance notice to Nutrition Service.

Staff:

Food should not be used as a reward. (An example would be pizza parties.)

Students may bring in snacks for personal consumption with the permission of the staff. Rarely, it may be necessary for a staff member to give a student an "emergency" type food. This food will be a non-perishable, individually-wrapped item from a commercial food facility with an ingredient label.

Food/beverage may not be supplied to students as part of a lesson/activity except for Consumer Science classes, Preschool snack, and Extended Education snack.

Food for Sale:

Due to USDA regulation effective July 2014, all food sold to students on school district property from midnight until 30 minutes after the end of the school day must meet the Smart Snacks guidelines. ("Selling" food includes asking for a donation, token exchange, adding the cost for food to a field trip, etc.) For further information go rdp.healthiergeneration.org/calc/calculator. To comply, Nutrition Service shall be the sole seller of food/beverage to students from midnight until 30 minutes after the end of the school day.

Beverage Contract :

BCSD has a contract with Coca-Cola to provide products on school district property. Coca-Cola pricing can be obtained from the Nutrition Service office. Incentive money from this contract is used to support various district activities. The Treasurer's Office will **only approve payment** for any beverage products included in the Coca-Cola contract: bottles/cans of water, sodas, sports drinks, juices, fruit drinks, lemonade, and teas, **if they are purchased from the district Coca-Cola contract.**

FOOD GUIDELINES

All food is to be served with utensils or gloves. Gloves are available from the cafeteria.

School activities may not provide food to students during the breakfast and lunch serving times.

Nutrition Service is the sole seller of food to students from midnight until 30 minutes after the end of the school day.

1. Use of School Kitchen/Servery

PTA /Booster/Club organizations may arrange to use the kitchen during the kitchen operating hours with advance notice. There is no charge for this. The organization must supply the labor and storage and cooking equipment may be limited.

Permit holders may provide raw food ingredients to be cooked in the kitchen. The food items must be purchased from a commercial food source and be in a sealed container with an ingredient label. Use of the kitchen/serving area requires employing a Nutrition Service employee trained in food safety. There is a two hour minimum and a charge to the permit holder. (Currently the cost is \$19-\$34 per hour.)

The Nutrition Service employee is there to assist you with the operation of the equipment and oversee that food safety is followed. The permit holder is to provide volunteers to do the cooking, serving and clean up. At a minimum, three volunteers will be needed, one for cooking, one for serving, and one for dishwashing/clean up. All volunteers are to wear hair net or cap. Any hair below the collar needs to be clipped up.

District Operations:**Cafeterias:**

Elementary students will be limited to two (2) snack purchases per day (excludes milk, juice and water).
Secondary students will be limited to three (3) snack purchases per day (excludes milk, juice and water).
Activities shall be planned to not exclude students from the school breakfast and lunch program.

Field Trips:

The cafeteria will provide packed lunches for field trips. Pre-ordering is required. The students may use their cafeteria mealtime account to pay for the lunches. Students who receive free or reduced-priced meals will receive those benefits for the field trip lunch. Check with the Nutrition Service manager to see what is available this school year.

Upon request, the cafeteria will stay open for students returning from a field trip who missed their lunch period.

Fund Raising Events: Fund raising activities selling food and beverage not on school property are at the discretion of the principal and should encourage lifelong wellness practices.

District Staff Events: Food at district staff events should make a positive nutrition contribution. Consideration should be given first to whether food is needed and then to providing foods that support the dietary guidelines.