

Berea-Midpark High School



Vincenzo Ruggiero, Principal

165 E. Bagley Road • Berea, Ohio 44017

216-898-8900

bera.k12.oh.us

November 2017 Newsletter

Vol. 2

Coming Up

Thursday, November 16	Second Quarter Parent Teacher Conferences 3:15 to 7:00
Thursday, November 16	Polaris Career Center Open House 6-7:30P.M.
Friday/Saturday, November 17 & 18	Fall Play, "Death By Chocolate"
Monday, November 20	Fall Sports Awards @ 6:30
Tuesday, November 21	PRIDE: Mix-It-Up Day
Wednesday/Friday, November 22,23,24	No School, Thanksgiving Break
Tuesday, November 28	Spanish Classes: Emir SensinitConcert
Tuesday, December 5	Orchestra Holiday Concert @ 7:00
Wednesday, December 6	College Credit Plus Parent Meeting 7:00 P.M. Auditorium
Thursday, December 7	Band Holiday Concert @ 7:00
Saturday, December 9	BMHS ACT Test Administration 7:30 A.M.
Tuesday, December 12	OML Math Test @ 2:30 in Math Classroom
Wednesday, December 13	PRIDE Interfaith Celebration @ 2:30 BMHS Library
Thursday, December 14	Choir Holiday Concert @ 7:00
Friday –Tuesday, December 15, 18, 19	Semester Finals
Wednesday –Tuesday, Dec. 20 to Jan 2	No School: Winter Break

From the Principal

2017 National Academic Recognition of Berea-Midpark High School Students: Each year, Berea-Midpark High School students participate in standardized testing opportunities that measure the academic achievement of school-aged participants across the United States. A number of present Berea-Midpark High students and recent 2017 graduates has been nationally recognized by the College Board organization for their achievements on the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) and/or College Board Advanced Placement (AP) Exams. Berea-Midpark High School proudly announces the following 2017 distinguished student accomplishments: [Download the complete list of 2017 student accomplishments](#)

From the Principal cont'd.

BMHS Titans Athletic Department 2017 Fall Season Student-Athlete GPA: Congratulations to our Student-Athletes, Parents, and Coaches for the collaborative efforts towards stressing the Student component of our Athletics Program, as evidenced by the following GPA results from our 2017 Fall Season.

TITANS Fall 2017									
GPA	4.0+	3.99-3.5	3.49-3.0	2.99-2.5	2.49-2.0	1.99-1.5	1.49-0	AVG. Team GPA	Total # of Athletes
# OF FALL ATHLETES	104	87	65	32	12	6	3	3.59	309

Student & Staff PBIS recognitions:

From a grateful and proud BMHS Colleague: "THANK YOU all for your help with making yesterday's RYP Basketball Fun Night a big success! The participants had a ball (LOL!) -- they didn't want to go home -- and we raised half of our fundraising goal. YAY!! :-) Also, the parents that attended were very impressed and pledged their continued help with and support for RYP events. ... I hope you all know how thankful I am that you are a part of our RYP family. This program experiences success because we have a very active and caring "village". Thank you again and again for everything!"

From a gracious and generous Community Member: "I want to tell you how exceptional these (BMHS) kids were at the Earthfest! What a wonderful group, they were great, willing to do whatever needed and so caring. I only wish I had such wonderful and so many great volunteers at all of our events. If you have the opportunity, please let these kids know how much Critter Camp Farm appreciated them and how much they made our successful day at Earthfest possible!"

BMHS Parent Teacher Conferences

Parent Teacher Conferences for the second quarter will be held on Thursday, November 16th from 3:15 to 7:00 P.M. in the Sports Center and Cafeteria. All parents are encouraged to attend and check on their students' progress.



From the Athletic Department

November 20th: Fall Sports Awards for grades 9-12 at 6:30 in the BMHS Auditorium.



PRIDE MIX-IT-UP-DAY will be held Tuesday, November 21st. This is a national movement which promotes diversity awareness and tolerance by giving students an opportunity to spend a day and get to know someone of a different social group, class, race, ethnicity, religion, sex, etc. BMHS will have 60 partnerships of PRIDE Upperclassmen and Sophomores participating.



BMHS presents "Death by Chocolate"

Come enjoy the students of BMHS in their performances of "Death By Chocolate" by Paul Freed in the BMHS Auditorium on Friday and Saturday, November 17 and 18 at 7:00 P.M. Come enjoy the adventures taking place at Meadowbrook Heath Resort, whose grand re-opening is put in jeopardy by a series of suspicious deaths among its staff. Admission is \$8.00 for adults and \$6.00 for students and seniors.

Death by
Chocolate

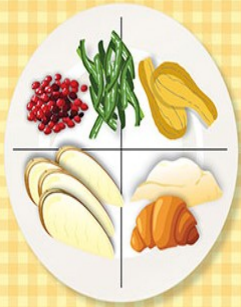
SIGN UP for REMIND text messages

BMHS will now make use of a parent/student text messaging system to directly and promptly notify you of important communications and/or emergency like circumstances. You will receive messages only from the REMIND system as communicated by administration. No others will have access to your phone number or be able to send group messages. Please enroll yourself to receive these group text messages. To enroll text @dgh7ke from your cell phone to the number 81010 or go to: remind.com/join/dgh7ke. Use Student or Parent as your selection.

EMERGENCY

CURB YOUR APPETITE

Forget about your stretchy pants and eat smart this holiday season



The ideal Thanksgiving plate

DIVIDE YOUR PLATE INTO FOURTHS

- 1/2: Vegetables and fruits (green beans, squash, fresh cranberries)
- 1/4: Lean white turkey meat
- 1/4: Grains or carbohydrates (dinner roll, whole grain rice or mashed potatoes)

3 Holiday EATING TIPS

- Avoid added sugars, saturated fats and extra salt
- Overeating makes your body store extra calories that turn into fat
- Don't skip meals! It always backfires

The average American eats nearly 4,500 calories on Thanksgiving, which is the equivalent to 14 slices of pumpkin pie*



UAB THE UNIVERSITY OF ALABAMA AT BIRMINGHAM
Knowledge that will change your world

*Calorie Control Council

**Berea-Midpark Performing Arts
Drama Club
Presents**

Death By Chocolate

**By:
Paul
Freed**



Free
Open Dress
Rehearsal
November 14
3 p.m.
Featuring:
Our understudy
cast.

Friday November 17, 2017
Saturday November 18, 2017
7:00 p.m.

Berea Midpark High School Auditorium
165 E. Bagley Road, Berea

Adult: \$8.00
Student / Senior: \$6.00



THANKSGIVING BREAK

There will be **no school** Wednesday, November 22nd through Friday, November 24th. Enjoy the holiday with your family and friends.

Athletic Department Highlights

The Titans fall season was one of many accomplishments both on and off the field. The most notable highlights are the achievements which were made in the classroom. The average athletic GPA for first quarter was 3.59. Out of 309 total athletes there were 104 that posted a 4.0 or better. One of the most impressive statistics is that 83% of the fall athletes were at a 3.0 GPA or better after the fall quarter. There is no doubt the Titan athletes are a group which represents the BCSD as a point of pride and distinction.

The high marks in the classroom carried over onto the fields and courts this fall. BMHS had many individuals with record breaking performances that led to recognition by the conference and district. Some of the fall season highlights are:

Football: Trevor Bycznski-Most passing yards in Ohio Division 1; 3 Wide receivers in the top six in receiving yards in Ohio Division 1; and Jared Bycznski, Trevor Bycznski, Luis Vega-1st Team SWC. **Volleyball:** Nicole Peterson 1st Team SWC and 2nd Team All District; and Aubry Nolan Honorable Mention and All District. **Boys Soccer:** Carter Munsterman 1st SWC and Greater Cleveland; and Nick Schmied, Dominic Baglier, Brandon Garibotti, Nick Ruggiero were Honorable Mention, Greater Cleveland. **Cheerleading:** Ari Hedrick 1st Team SWC. **Girls Soccer:** Jayley Dodd 1st Team All Ohio and SWC. **Girls Cross Country:** Sam Agresta, Morgan Jankowski, Megan Thai, Shura Ermakov 1st Team SWC.

The following athletes were SWC Scholar Athletes: Girls Golf-Madysen Lacomte; **Boys Golf**-Ryan Cunningham; **Volleyball** Olivia Armendarez; **Boys Cross Country**-Cole Albert; **Girls Tennis**-Brenelly Diaz-Soto; **Girls Cross Country**-Eliza Karp; **Girls Soccer**-Rachel Buxton; **Boys Soccer**-Joshua Ramirez; **Football**-Matt Gorman; **Cheerleading**-Bianca DiSimone.

Athletics will be having the **annual fall sports recognition Monday, November 20th at 6:30 P.M. in the BMHS Auditorium**. The program will first recognize 1st Team SWC, All SWC Scholar Athletes, and individual records broken before breaking out into separate awards ceremonies specific to each team.

The winter teams are in full swing with practices and will kick off the season on Wednesday, November 29th with both our girls basketball and swim teams hosting. Please check the Athletic website at www.titansathletics.org for details regarding winter schedules and other athletic updates.



GO TITANS!