

SFSS Cares

Student and Family Support Specialist Newsletter



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Supporting Families in the Berea City School District

The Student and Family Support Specialists (SFSS) at Berea City Schools support families by providing counseling, access to community resources and building connections that enhance and promote student success. The SFSS are here to help you. If you need support and do not know where to start, please contact the Student and Family Support Specialist in your child's school.

SFSS Staff Directory:

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COMMUNITY RESOURCE HIGHLIGHT

COVIDtests.gov

Get free at-home COVID-19 tests

**Every home in the U.S. is eligible to
order 4 free at-home COVID-19 tests.**

HOW CAN WE HELP?

SFSS Services Include:

- School-based Counseling
- Emergency Assistance
- Assistance with Community Referrals
- School and Community Programs
- Collaboration with School and Families
- AND MUCH MORE!!

[BCSD Community Resource Directory](#)

[BCSD Virtual Calming Room](#)



Building Activities/Events

Brook Park Elementary

BPE Coffee with the Counselors - Friday, February 25, 2022 @9:30 am

Anger Management and Coping Skills

Coffee with Counselors Flyer February.pptx

Big Creek/Grindstone

Girls on the Run: Hosted at Big Creek but students from BPE or Grindstone may also join. Registration begins Feb 4th. Practice dates are Tuesdays and Thursdays at Big Creek from 3:45-5:00 beginning March 14th and ending May 14th. For additional information contact Gina Steele at gsteele@bereaschools.org. To register either go online to www.gotrneo.org or call (234)206-0788

BMMS

- February 10 and 16, from 3:45-7:15, will be our next two days of conferences. **These conferences will be held as student-led conferences.** Student-led conferences provide an opportunity for you to hear firsthand about the progress your student is making and provide students the opportunity to self-reflect and set goals for the remainder of the school year.
- BMMS is participating in the **One Book One School** initiative. This year the book is ReStart by Gordon Korman. Each chapter of the book was read aloud and recorded by staff members to facilitate students experiencing the joys of being read to by adults throughout the month.
- February 17 is Random Acts of Kindness Day. BMMS will be participating in Random Acts of Kindness Week starting February 14, 2022 through February 17th where kindness to others will be highlighted as a school.

BMHS

- **“T.O.S.S.” - Titan Outreach Student Support** | This is a Mental Health Awareness Program in conjunction with NAMI (National Alliance for Mental Illness). Once a month during LL1&2 in the ATLAS Room a representative from NAMI will present to interested students and staff about various topics. [February 23rd: Positive Friends.](#)
- **Social Club** - Beginning February 4th, during L&L2 in room B102 - This group provides students with a supportive space to make connections with peers, as well as work to develop skills in group dynamics, and leadership roles.
- **Monday, February 14th, 2022** - Join us in wearing your very best Valentine's Day attire!
- **February is Black History Month** - a great opportunity to celebrate African Americans' many achievements throughout U.S. history. Since 1976, this annual celebration has recognized the contributions of black Americans to our country.
- **Behavior Focus of the Month-Be Honest and Trustworthy.** Titans consistently say what we mean and mean what we say. We always do the right thing, even when no one is watching.



February Topics

Culture Playbook - Be Kind to Self and Others

As Titans, we believe that living with integrity is important. In a world where you can be anything, the most important thing to be is kind to others. Titans are not going to blame, complain, and defend their actions or situations, but rather, Titans will seek to provide solutions, bring energy and help others in everything we do. We do this to become the best version of ourselves.

PBIS

Berea City Schools are implementing Positive Behavioral Intervention and Supports to help encourage prosocial behaviors and reinforce positive choices kids make. To accomplish this goal, we are emphasizing three distinct values and reminding kids how they play out in all the settings kids occupy: the bus, the hallways, the cafeteria, the classroom, on the playground, in the restroom, after school activities, on-line and at home. These values are: Be Responsible, Be Respectful, and Be Safe.

This month we will emphasize in the restroom:

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| Be Respectful in the restroom - | Give privacy to others
Throw paper towels in the trash
Use facilities properly |
| Be Responsible in the restroom - | Be efficient
Return to class promptly
Wash hands with soap |
| Be Safe in the restroom - | Use facilities properly
Keep hands, feet, objects to self
Inform adults of any problems |

Black History Month

[Interactive Workshop: Black American Families Building Partnerships for Success - Problem-Solving & Providers \(Virtual\)](#)

[24 Children's Books To Read In Honor Of Black History Month](#)

[The Founders of Black History Month | BLACK HISTORY THEMES](#)



Community Resources

Family/Parental Resources

Random Acts of Kindness Day is February 17, 2022

<https://www.randomactsofkindness.org/>

[How to deal with COVID-19 mental fatigue](#)

Connecting for Kids - Events

[Connecting for Kids - Home](#)

[Service Provider Directory](#)

Cuyahoga County Public Library:

Berea, Brook Park and Middleburg Heights Branches

Homework Centers

[Homework Help](#)

Tutor.com

Live, online tutoring — FREE with your library card

Tutor.com is an online tutoring service that connects students (and parents!)

to live tutors in online classrooms. Live tutors are available from 10 AM to 12 AM every day except major holidays.

Kids Cafe

[Kids Cafe](#)

Starting Wednesday, February 2nd, kids ages 18 and under can get a free meal provided by the Greater Cleveland Food Bank at the Cuyahoga County Public Library Brooklyn Branch weekdays from 3:30-4:30pm, while supplies last. It is no longer available at the Brookpark, Middleburg, or Berea branches. The Kids Cafe program is open to all kids ages 18 and younger and runs through the week of May 13, 2022.

[Digital Navigators](#)

Digital Navigators service offers one-on-one assistance to help you connect to the internet, get a device, set up a telehealth appointment and more.

